



DISTRICT NEWSLETTER

October 2019 Edition

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NVSD School Board

Next Meeting:

October 14th , 6:30pm

NHS Library

Nestucca Valley School District

P.O.Box 99

Cloverdale, Oregon 97112

503-392-3194

Fax: 503-392-9061

Nestucca.k12.or.us



PARENTS AND COMMUNITY MEMBERS-

Bring on 2019-2020! We are off to a fast start in the Nestucca Valley School District! Here a few things to be looking out for in the next few months.

OREGON STUDENT SUCCESS ACT- In the 2019 Oregon Legislative session, lawmakers passed the "Student Success Act" (SSA). This act will bring approximately \$400,000 more dollars into our school district that must be spent in prescribed ways. As a parent, and community member, your voice and opinions are integral in the development of the way we will spend this money as a school district. In the next two months, we will begin to engage stakeholders with surveys, and community meetings, in an effort to hear the wants of our community for our students. If you are interested in learning more about the SSA, please reference Oregon Department of Education's webpage at: <https://www.oregon.gov/ode/StudentSuccess/Pages/StudentInvestmentAccount.aspx>

I have also included a handout in the newsletter that highlights the timeline and intent of the SSA. As always, if you have questions please feel free to contact me.

STATE ISSUED SCHOOL DISTRICT REPORT CARDS- Once again, the state will be issuing school and district report cards. These report cards will be released to the public in October. We will be posting a link to this information on our webpage as soon as they are available.

SCHOOL SURPLUS SALE- As you know, the school district sold the Beaver School building in January of 2019. The district still has numerous pieces of furniture, books, and other pieces of property that have been declared surplus by the Board of Directors. On Saturday, December 7, from 9:00-to 3:00pm, the district will be holding a surplus goods sale. This will be on the same day and location as the Holly Daze Bazaar. If you are interested in purchasing folding chairs, a filing cabinet or other school items on December 7th, we will have the Beaver building open for you to shop.

So many wonderful things happening in our school district! Thank you students, parents and staff for a great start to our school year!

Misty Wharton

Superintendent

Nestucca Valley School District

mistyw@nestucca.k12.or.us

503 392 3194 Ext 404



"Learners Today, Leaders Tomorrow"

NESTUCCA K-8 BOND UPDATE

It has been a very busy summer on the campus of the K-8 School bond project. Over the summer, 5,000 dump truck loads of dirt were moved. Most of the summer was spent excavating the area where the new addition will be built. We have been very fortunate in the excavation process, unearthing no odd surprises.

Currently, the district has a Request for Proposal out for all of the remaining sub-contractor work that needs to be completed. O'Brien Company will accept those bids on October 15, 2019. Very soon after, sub-contractors will begin work on pouring the foundation for the new addition followed by beginning to frame in the new structure.

The students, and staff, have adapted to our new systems at the elementary school, with each week bringing a new challenge to the operations. Thank you parents and community for being so patient and cooperative concerning the new routines (especially parking) at the soon to be K-8 site.

Reminder that you can always reference our construction camera at https://app.truelook.com/?u=on1563505467#tl_live

Here are a few pictures of the construction site:



**O W N E R R E P R E S E N T A T I V E ' S
W E E K L Y F I E L D O B S E R V A T I O N R E P O R T # 1**

Project: Nestucca Valley Elementary School Addition & Renovation

Owner: Nestucca Valley School District

Date of Visits: 09.12.19 & 09.16.19

Weather Conditions: 70's Clear

By: Luis Lopez

General Observations:

Site prep work underway. Grading and rock pads ongoing. Xerxes tanks were staged on Thursday ready for hoisting and install. On Monday they were set and rock was being delivered for backfill.

Personnel on Site during observation walk

DAY CPM: Luis Lopez, Brian Hardebeck

NVSD: Misty Wharton, Chad Halloway

O'Brien: Derek Salo, Lloyd Black, Pat O'Brien

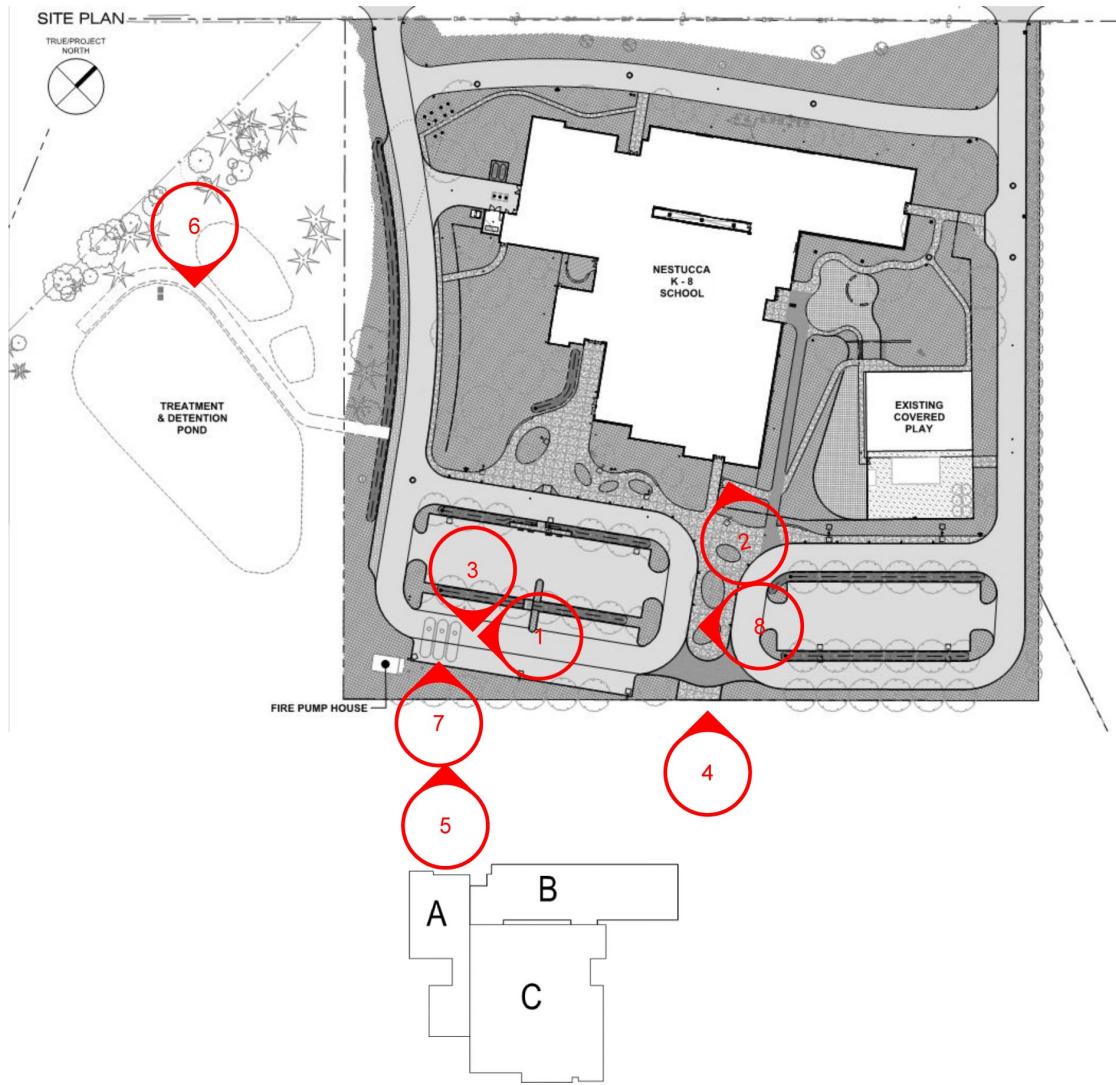
DLR: Robert Esau

Materials on Site:

- Rock (for base pads and backfill)
- Xerxes Tanks



REFERENCE PLANS: Overall Site Plan:



[Live Camera Link](#)

Floor Plan

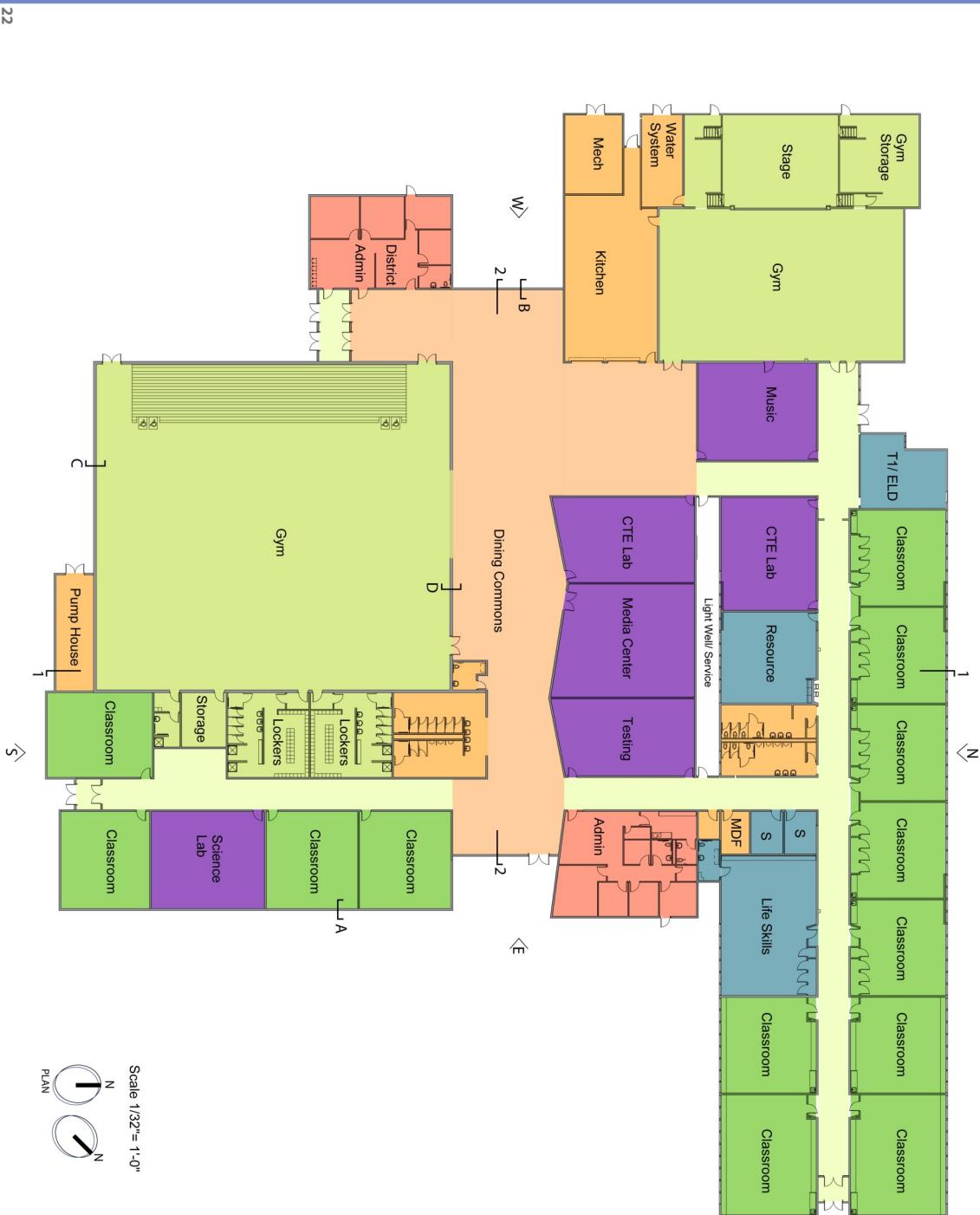




Photo #1. 9/12/19

LOCATION: Exterior SE corner of site

OBSERVATION: Water tank base pad prep underway.



[Back to Site Plan](#)

Photo #2. 9/12/19

LOCATION: Area C, Exterior NE Corner

OBSERVATION: Base rock pad for main building placed.



[Back to Site Plan](#)

Photo #3. 9/12/19

LOCATION: Exterior SE corner of site.

OBSERVATION: Xerxes tanks staged ready for hoisting and install.



[Back to Site Plan](#)



Photo #4. 9/16/19

LOCATION: Exterior East side of site.

OBSERVATION: Overall Site view



[Back to Site Plan](#)

Photo #5. 9/16/19

LOCATION: Exterior SE corner of site.

OBSERVATION: Xerxes tanks installed.



[Back to Site Plan](#)

Photo #6. 9/16/19

LOCATION: Exterior SW corner of site

OBSERVATION: Treatment/detention pond graded waiting for hydroseed mix



[Back to Site Plan](#)



Photo #7. 9/16/19

LOCATION: Exterior SE corner of site

OBSERVATION: Xerxes tanks installed.



[Back to Site Plan](#)

Photo #8. 9/16/19

LOCATION: Exterior SE corner of site.

OBSERVATION: Rock backfill for Xerxes tanks being dropped off.



[Back to Site Plan](#)

END OF REPORT

October Activities Calendar

Tuesday, October 1st

VB @ NKN 5:00pm
Jr. High VB vs. Willamina 3:45pm
Jr. High FB vs. Willamina 3:45pm
HS JV FB vs. NKN 6:00pm

Wednesday, October 2nd

Jr. High VB vs. Perrydale 3:45pm

Thursday, October 3rd

VB vs. Faith Bible 5:00pm
XC @ Stayton (Regis) 4:00pm
Jr. High XC @ Stayton 3:00pm
Pep Band 6:00pm

Friday, October 4th

FB vs. Gaston (Homecoming) 7:30pm
Homecoming Dance 9-11:30pm
Jr. High XC @ Tillamook 3:30pm
Pep Band 6:00pm

Saturday, October 5th

VB tournament @ Western Christian (Varsity)

Monday, October 7th

VB @ Gaston 5:00pm

Tuesday, October 8th

Jr. High VB @ Perrydale 3:45pm
Jr. High FB @ Perrydale 4:00pm
Jr. High XC @ Rockaway 3:00pm

Wednesday, October 9th

Jr. High VB vs. Delphian 3:45pm

Thursday, October 10th

FB @ Sheridan 7:00pm
XC @ Chemawa
Jr. High XC @ Corvallis 3:30pm

Saturday, October 12th

VB vs. Vernonia 5:00pm
XC @ Philomath

Monday, October 14th

Board Meeting 6:30pm

Tuesday, October 15th

VB vs. City Christian 5:00pm
Jr. High FB vs. YC 4:00pm
Pep Band 6:00pm

Wednesday, October 16th

Jr. High VB vs. Delphian 3:45pm

Thursday, October 17th

Great Shakeout 10:17am

Friday, October 18th

FB @ Portland Christian 7:00pm

Saturday, October 19th

VB vs. Gaston (Senior Night) 5:00pm

Monday, October 21st

All District Meeting

Tuesday, October 22nd

VB Playoffs
Jr. High VB @ Gaston 3:45pm
Jr. High FB @ Gaston 4:00pm

Wednesday, October 23rd

Jr. High VB vs. Taft

Thursday, October 24th

VB Playoffs
XC @ Vernonia 4:00pm

Friday, October 25th

FB vs. Knappa 7:00pm

Saturday, October 26th

VB NWL Tournament
Speech @ Octoberfest (NKN)

Tuesday, October 29th

Jr. High FB @ Dayton 4:00pm

Thursday, October 31st

XC @ District (Lebanon) 4:00pm



Nestucca Junior Senior High

Dynamic Changes

This has been a very active start to the year! We have one new teacher and two new instructional assistants, all who are fitting in very nicely to our Nestucca family. I'm sure all of you will enjoy them and appreciate them as much as I do. Heather Brown is our new Science teacher at the high school level. She is a graduate from Oregon State and is already CTE certified and is working towards her endorsement in giving students dual credit for certain science classes. She has leaped in with both feet and isn't shy to take on challenges or help out in any area. Alisa Boehler and Julie Love are our two new instructional assistants, and have not backed down from any task thrown their way. In this career, you have to have a sense of humor, and we so very much appreciate their wit. These two notice tasks that need to be done and take them on without being asked; that is a great work ethic that we look for in our staff. Julie is also our JV high school volleyball coach and Alisa is one of our junior high volleyball coaches, so you as you can see, they have leaped in with both feet.

We are putting in new football lights as this is being written. It is exciting, as the poles that the lights are on now were put on the field in 1959. As you can see in the picture, PUD has been up here working hard removing the old poles. At the same time, Lightworks Electric is also up here working on the wiring, etc. to put up the new football lights. The end result will be that we will only have four poles with football lights on them, no more shadows on our football field and the ospreys will have a special pole with their nest on it. Thank you to Tillamook PUD for all of your In Kind work we ask of you.

We still have the "Off and Away" policy for cell phones. Please don't try to contact your child during class time. They can talk to you during break or lunch. Studies show that even the vibration of a phone distracts students enough for them to lose focus for up to ten minutes or more in some cases. If you need to speak to your child right away, please call the office and we would be happy to get your child to come call you.

I am looking forward to a great year, and if you ever need to talk to me, please call (503) 392-3194 x100 and set up an appointment. I seem to be running all over lately, so it is best to set up appointment and I can set aside time.

Ken Richwine
Nestucca Jr Sr High Principal
kenr@nestucca.k12.or.us



Photo Credit: Sahara Hendricks

FOOD SERVICE UPDATE

Free & Reduced Lunch Eligibility

If you have a student attending Nestucca Jr/Sr High this year and have not completed a confidential Free & Reduced Lunch Application for this school year, we strongly encourage you to do so. The grace period that extends eligibility into the following school year expires on Oct. 14th, and student without eligibility granted this fall will be charged for lunches beginning Tuesday Oct. 15th.

Due to the Community Eligibility Provision that is currently in effect at Nestucca Valley Elementary School, all students eat at no charge. The Jr/Sr High did not qualify for this program and students are charged for lunches. Completing the application can help you save money and save the districts money. Please have your student collect an application in the Jr/Sr High office as soon as possible.



ParentVue at Nestucca Junior Senior High

Parents of 7-12 students: if you would like to be able to check and see how your student(s) is doing in his/her classes, you can do this by getting ParentVue. Through ParentVue, you can see your child's missing assignments, grades, attendance and immunizations. All we need is an accurate email account. If you don't have a ParentVue account, and would like one, just email robinr@nestucca.k12.or.us. She will send you instructions on how to set up your account.

Nestucca Jr. Sr. High School Resource is selling Dutch Mill Bulbs!

If you would like to treat yourself to spring tulips, blue bells, hyacinths and more, consider supporting our fundraiser.

50% of the money spent goes directly to our program!

Sales are open from September 25 - October 16th.

*Items should arrive before October 30th.

If interested, please find a Resource student or contact Carolyn Hill directly at carolynh@nestucca.k12.or.us

- NVSD Open Positions -

The NVSD 21st Century Community Learning Center After School Program provides critical support to children by enhancing learning, promoting cooperation and building confidence. We are currently seeking Instructional Assistants for the 2019-2020 school year. This is a wonderful opportunity to support our kids and participate in your local community!

After School Instructional Assistants

- Part time position, Monday - Thursday, 3:00-5:30pm
 - \$20 per hour
- Special schedule requests may be accommodated

For information contact Ursula McVittie
ursulam@nestucca.k12.or.us — 503.392.3194 x403

NHS Band Fall Concert

November 5th

7pm

**special feature honoring
veterans this year!*

THE WILDCAT WAY



September 27, 2019

Dear Parents and Community:

It is hard to believe we are finishing the first month of school at Nestucca Valley Elementary School. This month marks the beginning of momentous changes occurring at our school over the next couple of years. Our students, parents and staff came back to dramatic changes to the building and campus from the cafeteria being in the gym to how the end of day occurs. Through all of these changes our students, staff and community have demonstrated great adaptability and patience; for which I am tremendously thankful.

Our staff has also seen changes with new teachers in 5th grade, Mr. David Brandon, and in kindergarten, Ms. Katy Bean-Bamford. Also, teachers teaching at different grade levels than last year with Ms. Albin in 6th grade, Ms. Hulbert in 2nd grade, Ms. Pruitt in 3rd grade, Ms. Gilmore in 5/6, and Ms. Bryson in 4th grade. Ms. Foster is now working in the BLC/Resource Room and Ms. Parks is now working in the cafeteria.

Looking forward there are more changes we will experience this year like music performance being held at the Jr./Sr. High School and we will work to keep you informed of all the changes. Throughout all of the changes and opportunities the construction process brings I know this is ultimately for the benefit our students. This reminds me of how grateful I am for the place where I live and work which has seen fit to provide our students this opportunity, thank you.

Sincerely,

Chad C. Holloway
Principal
Nestucca Valley Elementary School

THANK YOU!!

Nestucca Valley School District is grateful for all of the community support we receive. All of our volunteers make a difference in the lives of our students. If there is anyone who was inadvertently omitted please email Chad Holloway at the elementary school chadh@nestucca.k12.or.us so they can be included in future newsletters.

Dan Mason – Volunteering for traffic control at the Elementary
Tillamook PUD – Removal of old football lights, removal of trees and assistance with football lighting project
Backpack Project Volunteers
Food Pantry Volunteers
Bill and Simon Hagerty - Helping haul and place new power shed.
Carol Johnson – Volunteer in classrooms for many years.
Lennie Heitsman – Weekly second grade volunteer.
Dr. Bretzing – Weekly second grade volunteer.
Carol Johnson – Weekly second grade volunteer.
Hemlock Nazarene Church - Teacher gift bags
Pacific Coast Bible Church - Donated clorox wipes, Ticonderoga pencils, and red pens.
Anonymous School Supply donors

Elementary Garden AND GREEN TEAM NEWS

We are moving in to our new garden space! During the summer a temporary fence was put up around our new garden site and O'Brien construction brought in top soil that was being removed from other zones. These last two weeks, students have been planting fava bean seeds. These fava plants are extremely cold hardy and will function as a cover crop and "green manure," that when turned in will provide nutrients for the soil. The students also transplanted overwintering cabbage and cauliflower. These veggie plants are started in mid-July and are either a fall crop, or are a special seed blend that have been bred to grow slowly throughout the winter. These overwintering plants from the brassica family are a great way to have fresh flavorful veggies during the winter and throughout the spring. The ability to winter garden is one of the huge advantages of gardening in our climate.



Up next in the garden: laying bark chips, planting grass, moving shed and compost to its permanent position. **If you are interested in donating your carpentry skills let us know. We will be building two taller raised beds that will be handicap accessible.**



We have begun our plastic film collection contest. We will collect plastic grocery bags, cereal bags and other stretchy types of plastic film. This contest will go through April! It is sponsored by TREX building products. TREX recycles plastic materials and makes them into a "lumber" that is great for decks, planters, and any use that is prone to rot. Our collection box is in the foyer by the front door. Items should be clean and free of food residue. Our goal is to beat last year's total of 180 pounds!



After School Program off to a Great Start!

The 2019-20 Nestucca Valley 21st Century Learning Center After School Program is in full swing! Every Monday through Thursday students receive individualized homework support as well as opportunities to work on cooperative team projects with an emphasis on art, engineering and social and emotional development. We are still accepting students into the program which runs from 3:00-5:30 and is open to elementary, junior high and high school students and includes bus service if needed. Registration forms are available on the district website.



Linda Fielder
Director, Nestucca Valley
After School Program



S M A R T
START MAKING A READER TODAY®

Welcome SMARTies! SMART stands for "Start Making A Reader Today", and we plan on reading with this year's kindergarten class beginning Oct. 18th. SMART spends an hour each week reading one on one with a student and a volunteer reader.

This reader remains with that student throughout the year in order to maintain consistency and trust as well as helping that student develop a love for books. We send home two books a month for each student in the program to keep and add to their

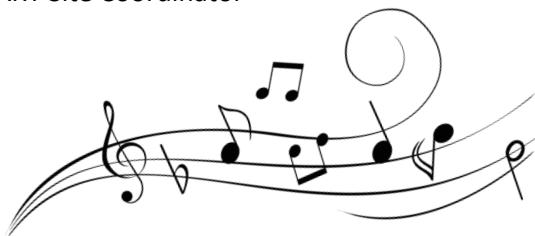
own library at home. We are looking forward to reading to your kindergartner with joy and excitement. All of our volunteers have been background checked yearly with NVES and every other year with SMART. If you would like more information regarding SMART or would

like to become a volunteer yourself, go to: smartreading.org. You are always welcome to contact me in person at nestuccavalley@smartreading.org.

Here's to a wonderful year of reading!

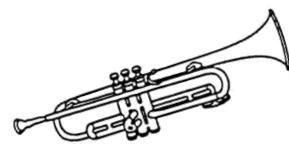
Theresa Roberts

NVES SMART Site Coordinator



NVES Wildcat Band News

5th and 6th Grade Band
are off to a terrific start!
We have a total of 76
students participating in
band this year!



The 5th grade beginning band has started meeting together Monday-Friday. Remember to bring your instrument & folder every day. We have considerable interest in band this year, with 38 students. They have two notes under their belt and by October 10 will have learned five notes. They are doing a super job.

The 6th grade Band is off and running! This band meets every day, Monday – Friday. Remember to bring your instrument & folder every day. We reviewed the first 6 notes of our concert B-flat scale (several students can play the entire scale) – and reviewed some basic songs learned as beginning band members. We have 38 students in 6th grade band, 13 are new to band and 2 are new to their instruments.

We will present our **first concert December 17** at the High School. More information to follow as the date nears.

Recorder Time!

Fourth Grade will begin learning how to play the recorder beginning the week of September 23. The recorder is an excellent way for students to learn how to read music and play an instrument. Students can buy a recorder from Ms. Stirling for \$5.00, use a sibling's recorder, or they may use one from school during class time only. The classroom recorders must stay in the classroom.

K-4 General Music Classes

Kindergarten – 4th grade students attend a 40 minute music class twice a week, and every other Monday for 35 minutes. Grading is based on participation, conduct, and class activities. We give two annual performances for Grades K-4. The first is the **Winter Concert December 17** and students in grades **K-3 will present a Spring Concert May 19**. Fourth grade is an exciting time full of musical growth. Students begin playing recorders, ukuleles, and African Drums and percussion. **At the end of the year, the fourth grade presents a special Fourth Grade Showcase and do not participate in the May Spring Concert.**

I look forward to working with you this year!! If you have any questions, please do not hesitate to contact me.
Bobbie Stirling Ex. 323
bobbies@nestucca.k12.or.us



Nestucca Valley
Early Learning Center

Diane Wilkinson, Director
30720 US 101 S.
Hebo, OR 97122
(503) 392-4449
www.nvelc.com



Happy Fall from all of us at Nestucca Valley Early Learning Center!



In the **Head Start** classroom, our team is all back and ready to get to know all of our families! The program is currently full however we do accept applications year-round (see below for the recruitment process). The Head Start team includes: Head Teacher Ashlee Buxton, Family Advocate Tina Dean, "Cookie" Debbie Swanson, Bilingual Teacher Assistant Vanessa Birrueta, and Teacher Aide Haley Wright. This year, we are focusing on parent engagement, utilizing the resources and staff we have to support families and continue in our Kindergarten Readiness goals. Parents will soon be receiving invitations to the Teaching Strategies curriculum app, as well as parent meetings and family nights.

The **Preschool Promise** classroom is also in full swing! In this classroom, we have a blend of income eligible slots as well as tuition based. Teacher Autumn Marsh and her Assistant Teacher Cindy Marshall and Teacher Aide Natasha Durgan are learning a lot of new faces and are also doing great things to get their students and their families ready for kindergarten! So far this year, we have spent a lot of time outside! We have started working on Zoo Phonics letters Ff, Hh, and Tt. We've been busy learning about families and pets, and how to be bucket filler friends.

The month of October will be focused on Emergency Preparedness and for the 6th year, we will participate in the Great Oregon Shakeout on 10-17 at 10:17 over at the Nestucca Fire Department! Our other partners this year are: Tillamook County Bookmobile visiting all of the classrooms every other Wednesday; Tillamook County Health Department/ WIC, with their new mobile unit here once a month; NV Elementary School & Kindergarten Teacher, Katy Bean-Bamford; the NW EL Hub; and the NWRESD. Our Director is a member of the Tillamook County Child Care Task Force, to help navigate the childcare desert that we are in as a state, and how best to provide MORE high quality and affordable childcare services to the families in our community.



We are hoping to get a field trip on the calendar to go visit some pumpkins, but we are thrilled with how our own pumpkin patch is doing! *Thank you to our parent volunteer, Nicola Harrison and last year's preschoolers for planting these pumpkins for us!*

In the **Infant/Toddler** (6 weeks to 3 years) classroom, Teacher Ebony Black is continuing her work with Teacher Assistant Caitlin Kelly. They are building a developmentally appropriate program – which includes a LOT of play time!

We are full in all classrooms and childcare, however we do accept applications year round. If you'd like to set up a meeting to discuss your options, please contact us at 503-392-4449 x1 or email at admin@nvelc.com *DROP-IN visits are not available

The documents, rates, and other program information is all here: www.nvelc.com Our child care program is open from 7:00 until 5:00 (*or until the last student is scheduled for that month*), and ages 6 weeks up to 3 years. If a student is 3 years old by September 1st of that year, they are required to be enrolled in one of the preschool programs on site. The preschool application is a joint application, and placement is based on income as well as needs of the family.

If you are interested in volunteering in our classrooms, kitchen, reading program or on field trips, be sure to get your Criminal Background Registry Application in ASAP! It can take 6-10 weeks to process, so hurry- you don't want to miss any of the fun! You can register on-line here: <https://oregonearlylearning.com/providers-educators/providers-educatorscbr/>

Remember: we do not have a receptionist here at NVELC, so **please** call or email to set up an appointment. In line with our policy as a locked facility, drop-in visitors are not buzzed in the building. We all have busy schedules in the building and most of the staff is working directly with children during the day, so please be respectful of that!

Contact(s):

Director Diane Wilkinson admin@nvelc.com 503-392-4449 x1

Assistant Director/ Infant-Toddler Teacher Ebony Black littles@nvelc.com 503-392-4449 x3

Head Start Family Advocate Tina Dean tdean@nworheadstart.org 503-392-4449 x2

Head Start Teacher Ashlee Buxton abuxton@nworheadstart.org

Preschool Promise Teacher Autumn Marsh preschool@nvelc.com

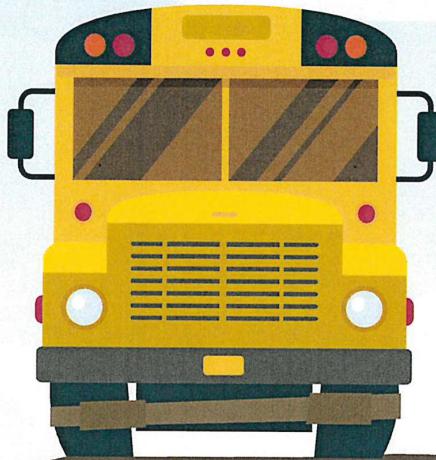


PRESCHOOL
PROMISE

Join In! Our Students. Our Success.

THE STUDENT SUCCESS ACT MARKS A TURNING POINT FOR EDUCATION IN OREGON

STUDENT
SUCCESS
Act



When fully implemented,
our state will see an additional
\$1 BILLION INVESTMENT
in schools each year.

This investment will provide new **opportunities** for
every student in our state, particularly students who
have been historically underserved.



HOW THE STUDENT SUCCESS ACT INVESTS IN OUR STUDENTS

At least
50%

Student
Investment
Account

At least
20%

Early
Learning
Account

Up to
30%

Statewide
Education
Initiatives

ROOTED IN EQUITY, AUTHENTIC COMMUNITY ENGAGEMENT, AND SHARED ACCOUNTABILITY FOR STUDENT SUCCESS.

The law requires school districts to build on the strengths and assets of young people, educators, families across the state, including members of the nine federally recognized tribes; students of color; students with disabilities; emerging bilingual students; and students navigating poverty, homelessness, and foster care.



SSA STUDENT INVESTMENT ACCOUNT TIMELINE 2019-2020

Community Engagement

September - October

Develop Student Investment Account Application

January - February

Continue Community Engagement

May - June

November - December
Continuous Improvement Plan

March - April
Submit Student Investment Account Application

July - beyond
Work Together to Put Plan into ACTION

WHAT IS THE STUDENT INVESTMENT ACCOUNT?

Close to **\$500 MILLION** in non-competitive grant money for all Oregon school districts and eligible charter schools.

New money has two purposes:

1. Meet students' mental and behavioral health needs.
2. Increase academic achievement and reduce academic disparities for:
 - Students of color;
 - Students with disabilities;
 - Emerging bilingual students; and
 - Students navigating poverty, homelessness, and foster care; and other students that have historically experienced disparities in our schools.



5 Areas for Input

- 1 Reducing academic disparities (gaps between outcomes for different student groups)



- 2 Meeting students' mental and behavioral health needs

- 3 Providing access to academic courses

- 4 Allowing teachers and staff sufficient time to collaborate, review data and develop strategies to help students stay on track to graduate

- 5 Establishing and strengthening partnerships

Allowable Investments



FOR MORE INFORMATION

Visit oregon.gov/ode/StudentSuccess
Follow us @ORDeptEd | #studentsuccessact

Report to PARENTS

Effective Homework Help

Students with parents who are involved in their education are more likely to earn higher grades, adapt well to school, and pass their classes. But is there a point when parents can be too involved—specifically, with homework? Consider these scenarios:

- Your child's big science project is due tomorrow, but her schedule has been so busy lately that she hasn't had time to finish it herself. You want her to get a good grade, so you end up doing most of the work for her.
- Your daughter's entry for a school poetry competition seems pretty bad so far. You suggest phrases that sound better. When the awards are announced, your daughter comes home and says, "We won!"
- Your son's math homework packet is a big part of his grade, but he's having trouble with a few of the concepts. You wonder if it's okay to help him with some of the answers?



If parents end up taking over homework tasks—as in the first two examples—involved can quickly turn into interference. Use these strategies to reasonably support your child as he or she tackles assignments.

First, create conditions conducive to learning. Make sure your child has a quiet, well-lit space to do work, away from the TV or other distractions.

Help your child learn time management. Set a time each day for doing homework, and block off time on the weekends for working on big projects. Make sure your child has a planner. Create a visual calendar at home to help your child keep track of assignments.

Be positive. If your child is losing steam while completing homework, reinforce the importance of school. If your child is frustrated with a project or a tough new concept, be encouraging.

Guide, don't do. Don't do homework for your child. Instead, help your child understand assignments by discussing concepts. Have your child walk you through the way he or she learned to solve a problem, and try to come up with a hands-on method to practice it.

For instance, if your child is struggling with basic division, gather pennies or paper clips, count the total, and, together, divide them into groups of five, six, or seven.

Brainstorm together. Challenge your child to come up with a variety of ideas for projects. If your child is

writing a poem, brainstorm ideas he or she could write about rather than telling him or her what to say.

When your child does homework, you should do work, too. If she is reading an essay, you can read the newspaper. If he is working on math problems, you can balance your checkbook. This shows your child that the skills he or she is learning are related to adult tasks.

Stay informed. Talk with your child's teacher. If your child is consistently having trouble with a specific topic, let the teacher know.

Web Resources

The **National PTA's Homework Help Web page** offers strategies to help parents cut homework stress and maximize learning.

<http://bit.ly/PTAhomeworkhelp>

Visit the **Department of Education's homework portal** for resources on study skills and helping kids get organized.

www2.ed.gov/parents/academic/help/homework

Informe a los **PADRES**

Ayuda Efectiva con las Tareas Escolares

Los alumnos con padres que están involucrados en su educación están más propensos a sacar mejores notas, adaptarse mejor a la escuela, y pasar las clases. Pero será posible que a cierto punto los padres estén demasiado involucrados, específicamente con las tareas? Considere los siguientes escenarios:

- Su hijo debe presentar mañana su gran proyecto de ciencia, pero su horario extraescolar ha sido tan pesado últimamente que no ha tenido tiempo de completarlo. Usted quiere que saque buenas notas, así es que para ayudarle usted hace la mayor parte del trabajo.
- El poema que escribió su hija para el concurso escolar de poesía no es muy bueno. Usted sugiera algunas frases que riman mejor, y cuando anuncian los premios su hija llega a casa y anuncia, "¡Ganamos!"
- El paquete de tareas escolares de su hijo constituye una gran parte de su nota final, pero él está teniendo problemas con algunos conceptos. Usted se pregunta si está bien ayudarle con algunas de las respuestas?



Si los padres terminan encargándose de las tareas escolares—como en los primeros dos ejemplos—su participación puede transformarse rápidamente en interferencia. Use las siguientes estrategias para apoyar a su niño a medida que enfrenta las asignaciones.

Primero, las condiciones en el hogar deben ser conducentes para el aprendizaje. Asegúrese de que su niño tenga un lugar quieto y bien alumbrado para trabajar, alejado de la televisión y otras distracciones.

Ayúdele a su niño a manejar el tiempo. Establezca una hora cada día para hacer las tareas y reserve tiempo los fines de semana para trabajar en los proyectos grandes. Asegúrese de que su niño tenga un planificador y cree un calendario visual en casa para ayudarle a controlar las asignaciones escolares.

Manténgase positiva. Si su niño está perdiendo valor mientras completa las tareas, enfatice la importancia de la escuela. Si su niño está frustrado con un proyecto o un concepto difícil, animelo. Guíe pero no lo haga. No haga las tareas de su niño, ayúdele a comprender las asignaciones por medio de discutir los conceptos. Haga que su niño le explique la fórmula para resolver un problema, y trate de establecer un método práctico para solucionarlo. Por ejemplo, si su niño está luchando con la división, junte unas monedas o sujetapapeles, cuente el total y juntos divídanlos en grupos de cinco, seis o siete.

Sugerir ideas juntos. Desafíe a su niño para que piense en una variedad de ideas para proyectos. Si su niño está escribiendo un poema, hagan un intercambio de ideas sobre lo que podría escribir en lugar de decirle lo que debe escribir.

Cuando su niño haga las tareas, usted también debe trabajar. Si ella está escribiendo un ensayo, usted puede leer el periódico. Si él está trabajando en problemas de matemáticas, usted puede sacar el saldo de su cuenta bancaria. Esto le demuestra a su niño que las destrezas que está aprendiendo están relacionadas a las tareas de los adultos.

Manténgase informada. converse con el maestro de su niño. Si él o ella tiene problemas consistentes con una asignación específica, informe al maestro.

Recursos en la Web

La página para ayuda con las tareas escolares de **National PTA** ofrece estrategias para ayudar a los padres a reducir el estrés relacionado con las tareas y optimizar el aprendizaje.
<http://bit.ly/PTAhomeworkhelp>

Visita el portal del **Departamento de Educación** de los deberes de los recursos en técnicas de estudio y ayudar a los niños a organizarse.
www2.ed.gov/parents/academic/help/homework

Report to PARENTS

Make Every Day Count: Boost School Attendance

To stay on track in school, students need to be present every day. Missing 18 or more days of school in a year puts a child's high school graduation at risk, according to AbsencesAddUp.org, a national chronic absenteeism prevention campaign. Being absent for just two days every month of the school year can put a child behind academically.

Students with regular attendance are more likely to read well by third grade and score higher on tests. They also tend to be more engaged in school and feel better about themselves.

Put your child on the path to success with these attendance strategies.

Make school a priority. Every absence (excused or not), can impact a child's academic achievement. Talk to your child about how important their education is. Make daily routines for homework and waking up on time for school.

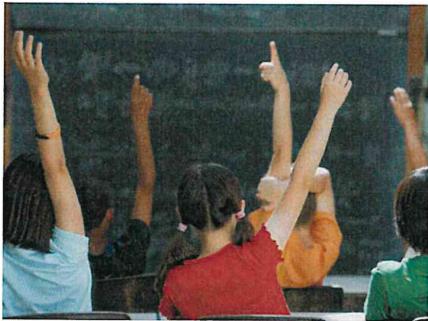
Maintain communication with teachers and keep an eye on your child's academic progress. If your child seems disconnected from school or is prone to skipping class, try signing him or her up for an after-school activity. A report by the University of Minnesota found that students in an after-school program attended 18 more days of school and missed nine fewer than their peers.

Make a plan. If your schedule or transportation situation makes getting your child to school a challenge, ask for assistance. Make a carpool or transportation plan with other parents or family members, or ask your school principal for community programs or school initiatives that may help.

Report In. Know your school's attendance policies. If an absence or early dismissal is unavoidable, contact your school. If your family's religious observances fall on school days, let teachers know early in the year which days your child will miss.

Carefully weigh sick days. If your child is sick, talk with your health care provider to determine whether they should stay home from school. If the doctor or nurse recommends that your child stay home, find out exactly how long and on what conditions he or she can return to class (for example, after 24 hours of antibiotics).

Before keeping your children home, make sure they aren't faking symptoms. Regularly feigning sickness may be a sign that your child is anxious about facing a challenge at school, such as bullying.



Schedule wisely. Know your school's calendar, and arrange doctor and dentist appointments after school, on weekends, or during holiday breaks, if possible. Resist the urge to schedule vacations when students will miss school. This gives students the impression that school is not a priority.

Help students complete assignments. When your child has to miss school, make arrangements with teachers to pick up a packet of make-up work. Ensure that your child follows through, and be available to explain concepts or monitor their work. If your child's absence will be lengthy (for surgery, for instance), alert teachers as soon as you know and pick up assignments as the days go on.

Web Resources

Absences Add Up offers a list of reasons why kids might miss school, and offers solutions for parents looking to keep their kids learning.

www.absencesaddup.com/reasons-why-kids-miss-school

This infographic, **How Sick is Too Sick for School?**, can help families decide which symptoms should keep students at home.

<http://bit.ly/2cuqbvG>

Attendance Works offers research, webinars, and handouts designed with elementary and middle-level parents in mind.

<http://www.attendanceworks.org/tools/>



Aproveche Cada Día: Aumente la Asistencia a la Escuela

Para mantenerse en el buen camino, los alumnos deben estar presentes en la escuela todos los días. Si un niño pierde 18 o más días de escuela al año comenzando en el sexto año, corre mayor riesgo de no graduarse del bachillerato, según BoostUp.org, una campaña nacional para la prevención de la deserción escolar. Sólo faltar dos días al mes durante el año escolar puede causar que un niño se atrasé en sus estudios.

Los alumnos con asistencia regular son más propensos a poder leer bien ya para el tercer año y a sacar mejores notas en los exámenes. Estos mismos niños también tienden a dedicarse más a la escuela y a tener mejor autoestima.

Ponga a su niño en el camino hacia el éxito con las siguientes estrategias para aumentar su asistencia a la escuela.

Haga de la escuela una prioridad. Cada ausencia (ya sea excusada o no), puede impactar el rendimiento académico de un niño. converse con su niño acerca de la importancia de su educación. Mantenga rutinas diarias para que su hijo complete sus tareas y se despierte puntualmente para ir a la escuela.

Mantenga una buena comunicación con los maestros y vigile el progreso académico de su niño. Si su hijo parece estar desconectado de la escuela o está propenso a ausentarse del colegio sin permiso, inscríbalos en una actividad extraescolar. Un informe de la Universidad de Minnesota concluye que los alumnos que participan en un programa extraescolar asisten a la escuela 18 días más que sus compañeros, y faltan 9 días menos.

Haga un plan. Si el horario o la falta de transporte dificulta que su hijo llegue a la escuela, pida ayuda. Haga un plan de transporte u organice viajes compartidos con otros padres o miembros de la familia, o pídale información al director de la escuela sobre programas comunitarios o iniciativas escolares que pueden ofrecer ayuda.

Comuníquese con la escuela. Conozca bien las normas de asistencia de la escuela. Si no se puede evitar una ausencia o salida temprana, comuníquese antes con la escuela. Si las observancias religiosas de su familia coinciden con los días escolares, avísele con tiempo a los maestros cuáles días va a faltar su niño.

Considere detenidamente ausencias por enfermedad. Si su niño está enfermo, comuníquese con su proveedor de servicios de salud para determinar si se debe quedar en casa o no. Si el doctor o enfermero recomienda que su niño se quede en casa, averigüe exactamente cuántos días debe faltar y bajo qué condiciones puede regresar a clase (por ejemplo, 24 horas después de comenzar a tomar los antibióticos).

Antes de permitir que su niño se quede en casa, asegúrese de que no esté inventando los síntomas. Fingir regularmente síntomas de enfermedad puede indicar que su niño está inquieto por alguna provocación en la escuela, como la intimidación.



Programe actividades con prudencia. Conozca bien el calendario escolar y si es posible, saque citas con el doctor o dentista para después de la escuela, los fines de semana o durante los recesos escolares. Resista las ganas de programar vacaciones cuando los alumnos pueden perder clases. Esto les da la impresión de que la escuela no es una prioridad.

Ayúdeles a los alumnos a completar las tareas. Cuando su niño tenga que faltar a la escuela, comuníquese con sus maestros para que le den un paquete de tareas que los demás estudiantes verán

los días que faltará su hijo. Asegúrese de que su niño complete el trabajo, y esté Ud. disponible para explicar conceptos y vigilar su progreso. Si la ausencia de su hijo va a ser larga (para cirugía, por ejemplo), avísele a los maestros lo antes posible para recoger las asignaciones a medida que pasen los días.

Recursos en la Web

Get Schooled tiene numerosos juegos y recursos relacionados a la asistencia escolar, incluyendo la calculadora Cuenta la Asistencia y unas llamadas por parte de superestrellas para despertar a los alumnos.
<https://getschooled.com/>

El Hospital de Niños de Colorado tiene una guía llamada **How Sick is Too Sick?** que puede ayudar a las familias a decidir cuáles síntomas son dignos de permitir que el alumno se quede en casa.
<http://bit.ly/1860RIA>

Attendance Works ofrece investigaciones, seminarios web, y folletos en inglés y español diseñados para padres de niños en edad de la escuela primaria e intermedia. <http://www.attendanceworks.org/tools/>

RESOURCE QUICK GUIDE—FOOD PANTRIES/DESPENSAS DE ALIMENTOS

OFB—TCS and affiliated agencies are the same for everyone without regard to their race, color, national origin, age, gender, sexual orientation, or disability.
OFB—TCS Y las agencias afiliadas son iguales para todos sin importar raza, color, origen nacional, edad, sexo, orientación sexual o incapacidad.

SITES/SITIOS		COMMUNITY PARTNERS SOCIOS DE LA COMUNIDAD						
		MONDAY/ LUNES	TUESDAY/ MARTES	WEDNESDAY/ MIÉRCOLES	THURSDAY/ JUEVES	FRIDAY/ VIERNES	SATURDAY/ SÁBADO	SUNDAY/ DOMINGO
North County Food Bank 278 Rowe Street, Wheeler, OR 97147 503-368-7724 Tuesday/Martes 1 pm to 3 pm			1PM — 3PM					
God's Lighthouse 103 Eighth Street, Garibaldi, OR 97118 503-322-3501 10 am to Noon Open 2 Fridays per month Please call for dates Abir dos viernes al mes 10:00 a mediodía por favor llamada para fechas								
Tillamook Food Pantry 3808 12th Street, Tillamook, OR 97141 503-815-3880 Monday/Lunes 4pm to 6pm Friday/Viernes 11am to 1pm			4PM — 6PM			11AM — 1PM		
Nestucca Pass It On Ministries 24425 Bunn Creek Road, Beaver, OR 97108 503-398-2803 Tuesday/Martes 10 am to Noon Thursday/Jueves 4:30 pm to 6 pm				10AM — 12PM		4:30PM — 6PM		
South County Food Pantry 35205 Brooten Road, Pacific City, OR 97135 503-201-7462 Every other/Cada dos Tuesday/martes 4 pm to 6 pm						Every Other Tuesday/ Cada otro el martes 4PM/ 6PM		
Hebo Food Pantry 31350 Highway 101 S, Hebo, OR 97122 503-392-3385 Open last Saturday of the month Noon to 2 pm Abierta el último sábado del mes Mediiodia a 2 p.m.							Last Sat. Of Month/ Último sábado de mes 12PM/ 2PM	
Seventh Day Adventist Community Services <u>Clothing and household items available</u> 2710 First Street, Tillamook, OR 97141 503-842-4794 Tuesday and Thursday/Martes y jueves 10 am to 2 pm			10AM — 2PM			10AM — 2PM		

SITES/SITIOS		MONDAY/ LUNES	TUESDAY/ MARTES	WEDNESDAY/ MIÉRCOLES	THURSDAY/ JUEVES	FRIDAY/ VIERNES	SATURDAY/ SÁBADO	SUNDAY/ DOMINGO
St. Mary's By The Sea Senior Meals 275 S. Pacific St., Rockaway, OR 97136 503-355-2661 Monday, Wednesday, Friday/Lunes, el miércoles, el viernes 11:30 am—11:45 am		11:30AM —	11:30AM —	11:30AM —	11:30AM —	11:30AM —	11:30AM —	11:30AM —
First Christian Church—The Dining Room 2203 Fourth Street, Tillamook, OR 97141 503-842-6213 Tuesday and Thursdays/El jueves y el viernes 4 pm to 5:30 pm Entry through doors on Fourth and Madrona Entrada por Fourth y Madrona		11:45AM —	11:45AM —	4:00PM —	4:00PM —	4:00PM —	4:00PM —	4:00PM —
St. Alban's Monday Night Meal 2102 Sixth Street, Tillamook, OR 97141 503-842-6192 Monday/Lunes 4pm to 6:00pm		— 6:00PM	— 6:00PM	— 6:00PM	— 6:00PM	— 6:00PM	— 6:00PM	— 6:00PM
Nazarene Church Meal Site 2611 Third Street, Tillamook, OR 97141 503-842-2549 Saturday/Sábado 4 pm to 5:30 pm Sunday/Domingo 4 pm to 5:30 pm		— —	— —	— —	— —	— —	— —	— —
Come to the Table* 2610 First Street, Tillamook, OR 97141 Wednesday/ miércoles 4:30 pm—5:30 pm *Program is not part of the OFB—TCS Network. Program is a Community Partner. El programa no es parte de la Red OFB - TCS . Es un programa de Socios de la Comunidad		— —	— —	— —	— —	— —	— —	— —
COASTAL SENIOR DINING CENTERS (MEAL SITE) CENTROS COMEDORES ALTOS COSTEROS (MEAL SITE)		— —	— —	— —	— —	— —	— —	— —
Tillamook Senior Center —316 Stillwell, Tillamook, OR, 97141 503-842-9660		12 PM —	12 PM —	12 PM —	12 PM —	12 PM —	12 PM —	12 PM —
United Methodist Church —10th & A St, Nehalem, OR, 97131 503-368-3622		— —	— —	— —	— —	— —	— —	— —
Kiwanda Community Center —3460 Cape Kiwanda Drive, Pacific City, OR, 97135 503-965-7900		12 PM —	12 PM —	12 PM —	12 PM —	12 PM —	12 PM —	12 PM —

NESTUCCA VALLEY LIONS CHRISTMAS BASKETS FAMILY REQUEST FORM 2019

[NESTUCCA VALLEY CANASTA DE NAVIDAD PARA SU FAMILIA]

ANSWER ALL QUESTIONS ON BOTH SIDES OF THIS FORM.

[RESPONDE TODAS LAS PREGUNTAS EN AMBOS LADOS DE ESTE FORMULARIO`]

"ONLY 1 REQUEST PER HOUSEHOLD WILL BE ACCEPTED"

[“SOLAMENTE UNA PETICION POR FAMILIA”]

1. PLEASE PRINT CLEARLY [POR FAVOR ESCRIBA CLARO]

2. ALL FORMS MUST BE RETURNED BY OCTOBER 31, 2019

TO NESTUCCA VALLEY ELEMENTARY SCHOOL OFFICE

NAME HEAD OF HOUSEHOLD [Nombre y apellido]: _____

ADDRESS [Dirección] _____

TOWN [Pueblo] _____

PLEASE GIVE CLEAR DIRECTIONS TO YOUR HOME: [Por favor, denos claramente la dirección de como llegar a su casa para poder llevarles la canasta de regalos]

PHONE OR MESSAGE NUMBER (Required) _____

[NÚMERO DE MENSAJE DEL TELÉFONO (Requerido)]

DELIVERY DATE WILL BE SATURDAY, DECEMBER 21, BETWEEN 9:00AM AND NOON

[FECHA DE ENTREGA será el SÁBADO, 21 DE DICIEMBRE, entre las 9:00 am y el mediodía]

TOTAL NUMBER IN HOUSEHOLD [Número total de personas que viven en su casa]:

SENIORS [Ansianos] _____ ADULTS [Adultos] _____ CHILDREN [Niños] _____

LIST ANY DIET RESTRICTIONS OR ALLERGIES: _____

[Escriba aqui si hay alguna dieta, alergias, etc]

REASON FOR NEED [Rason por la necesidad de ayuda] (Required): _____

X _____ Date _____

SIGNATURE, HEAD OF HOUSEHOLD: [Firma de la persona encargada de las familia]

CHOOSE ONE (1) MEAT [ELIGE UNO (1) LA CARNE]:

Turkey [Pavo] Turkey Breast [Pecho de Pavo] Ham [Hamon]

Do you want a smoke alarm test? Yes() No() Do you need a smoke alarm? Yes() No()

Desea recibir gratis una alarma de fuego para su casa? Si _____, No _____.

¿Necesita un detector de humos? Si _____, No _____.

(If you answered yes, the Nestucca Rural Fire Protection District will contact you to test your smoke alarm or install a new one).

CHILDREN'S GIFT QUESTIONNAIRE – AGE: NEWBORN THRU 18

[CUESTIONARIO DE REGALO DE NIÑOS - EDAD DE RECIÉN NACIDO 18]

List 1 most needed article of clothing and 1 gift

[Lista 1 artículos más necesarios de ropa y uno regalo]

1. Name [Nombre del niño]: Age [Edad]: Sex [Sexo]:
Clothing [Ropa] Size [Tamaño]: Color:
Toy or Gift [Juguete o regalo]

2. Name Age: Sex:
Clothing Size: Color:
Toy or Gift

3 Name Age: Sex:
Clothing Size: Color:
Toy or Gift

4. Name Age: Sex:
Clothing Size: Color:
Toy or Gift

5. Name Age: Sex:
Clothing Size: Color:
Toy or Gift

6. Name Age: Sex:
Clothing Size: Color:
Toy or Gift

LIST ADDITIONAL CHILDREN ON A SEPARATE SHEET OF PAPER.

Lista de niños adicionales en una hoja separada de papel.

Hollydaze Bazaar



Saturday December 7th, 2019

9 AM – 3 PM

Beaver Middle School Gym

Vendors needed, only a limited amount of tables

Please contact Jamie @ (503) 392-3194 Ext. 406 for more info

