

Drug and Alcohol Testing - Transportation Personnel

The following procedures shall govern the district's drug and alcohol misuse prevention program:

1. Program Coordinator

The superintendent will be designated as the district's drug and alcohol misuse prevention program coordinator. The superintendent will coordinate the district's responsibilities and compliance efforts with the applicable provisions of the Omnibus Transportation Employee Testing Act of 1991 (OTETA). The superintendent will:

- a. Ensure that all covered employees receive written materials explaining the district's drug and alcohol misuse prevention program requirements including:
 - (1) The district policy and administrative regulations;
 - (2) A contact person knowledgeable about the materials, policy, administrative regulations and the OTETA;
 - (3) Categories of employees covered;
 - (4) Information about the safety-sensitive functions and what period of the work day the employee is required to be in compliance. Safety-sensitive functions shall include such responsibilities as all time on duty waiting to be dispatched, driving time, assisting or supervising loading or unloading, repairing, obtaining assistance or remaining in attendance upon a disabled vehicle. All time spent providing drug and alcohol samples, including travel time to and from the collection or testing site as needed to comply with random, reasonable suspicion, post-accident, return-to-duty or follow-up testing will also be considered as safety-sensitive functions;
 - (5) Specific information concerning prohibited conduct;
 - (6) Circumstances under which employees will be tested;
 - (7) Procedures used in the testing process;
 - (8) The requirement that covered employees submit to drug and alcohol testing, administered in accordance with 49 C.F.R. Part 382;
 - (9) Explanation of what constitutes a refusal to submit to a drug and/or alcohol test;
 - (10) Consequences of violations (e.g., discipline up to and including dismissal as may be required by the district and removal from safety-sensitive functions as required by OTETA) and notification of resources available to the driver in evaluating and resolving problems associated with the misuse of alcohol and the use of drugs including the names, addresses and telephone numbers of substance abuse professionals (SAPs) and counseling and treatment programs. Such information will include the consequences for covered employees found to have a breath alcohol concentration rate of 0.02 or greater, but less than 0.04, and for those employees found to have a breath alcohol content level greater than 0.04. Minimally, no driver tested and found to have a breath alcohol concentration rate of 0.02 or greater but less than 0.04 shall be permitted to perform or

- continue to perform safety-sensitive functions until the start of the driver's next regularly scheduled duty period, but not less than 24 hours following administration of the test;
- (11) Information on the effects of drug use and alcohol misuse on an individual's health, work and personal life; signs and symptoms of an alcohol or drug problem (driver's or coworker's); and available methods of intervening when such problems are suspected, including confrontation, referral to an employee assistance program as available and/or referral to the administration.
- b. Ensure that employees sign statements certifying that they have received the materials;
 - c. Ensure that administrators or supervisors designated to determine reasonable suspicion receive at least 60 minutes of drug use training and an additional 60 minutes of alcohol misuse training. Training will include the physical, behavioral, speech and performance indicators of probable drug abuse and alcohol misuse;
 - d. Ensure district compliance with applicable provisions of the OTETA's requirements regarding the district's management information system, retention and confidentiality of records;
 - e. Ensure selection of a site with appropriately trained personnel for the collection of specimens for drug testing;
 - f. Ensure selection of a site with a certified breath alcohol technician and evidential breath testing devices for alcohol testing;
 - g. Ensure selection of a laboratory certified by the Department of Health and Human Services (DHHS) to conduct drug specimen analysis;
 - h. Ensure selection of a qualified medical or osteopathic doctor to serve as a Medical Review Officer (MRO) to verify laboratory drug test results;
 - i. Ensure selection of qualified personnel to provide education and training to employees and supervisors in accordance with employee assistance program requirements as specified in the OTETA's.
 - j. Ensure the district's drug and alcohol misuse prevention program is maintained in at least outline form, on file and available for inspection at the district office. The district shall maintain the following:
 - (1) Information on the effects and consequences of drug and alcohol use on personal health, safety and the work environment;
 - (2) Information on the manifestations and behavioral changes that may indicate drug and alcohol use or abuse;
 - (3) Documentation of training given to employees and supervisory personnel;
 - (4) Documentation that drug training for all supervisory personnel has consisted of at least 60 minutes;
 - (5) Documentation that alcohol training for all supervisory personnel has consisted of at least 60 minutes.
 - k. Ensure the establishment of clearly defined communication procedures to include the method (e.g., mail, facsimile) and frequency (e.g., monthly, daily, weekly) as well as the authorized individuals to impart and receive information to meet the documentation and confidentiality requirements of the OTETA;

- l. Ensure employee organizations receive written notice of the availability of all pertinent drug and alcohol misuse prevention program information.

Note: Site requirements noted in subsections E-H above are met by North Lincoln Hospital and Tillamook County Hospital.

2. **Pre-Employment Testing**

The district shall conduct pre-employment testing as follows:

- a. All offers of employment for positions as identified by Board policy and as required by the OTETA will be contingent upon drug and alcohol test results;
- b. Individuals offered employment with the district and employees transferring to positions subject to OTETA contingent on drug and alcohol testing, must provide written consent for the release of any prior employer positive drug and failed alcohol testing results, refusals to be tested, other violations of testing regulations and, with respect to any employee who violated drug and alcohol regulations, documentation of the employee's successful completion of return-to-duty requirements (including SAP evaluations and follow-up tests) within the preceding two years;
- c. The district shall obtain and review such drug and alcohol information from previous employers of the past two years no later than 14 calendar days after the driver is used for the first time. The district will provide the driver's written permission for release of information to the previous employers;
- d. Release of such information may be by telephone, letters or any other method that ensures confidentiality. The district will maintain a written, confidential record of each past employer contacted;
- e. The district will not use a driver with a positive drug test or a failed alcohol test while employed with a previous employer or who refused to test while under employment with a previous employer unless the driver is in compliance with the SAP's treatment program and OTETA's return-to-duty test requirements;
- f. Prior to being directed by the district to a collection site for drug (and alcohol) testing, the applicant will be notified that the urine sample collected shall be tested for the presence of drugs and that breath testing shall be conducted for the presence of alcohol;
- g. Failure to report to the collection site for testing within the time frame specified by the district shall constitute a refusal to report for testing and result in immediate withdrawal of the employment or transfer offer;
- h. Pre-employment drug testing and alcohol will be paid for by the district. Costs of a second test of the sample will be paid by the employee if the results are positive;
- i. Tests must indicate a breath alcohol content level less than 0.04 or negative drug test results. Individual who fail to meet such drug and alcohol requirements may not be hired or transferred voluntarily or involuntarily to covered positions;
- j. Such testing will also be required of covered employees each time an employee returns to work after a layoff period if the employee was removed from the random testing pool. As long as the employee remains in the random testing pool, additional testing or subsequent preemployment drug and alcohol testing will not be necessary following a layoff;

- k. The district will notify individuals offered employment with the district contingent on drug testing of the results of the drug (and alcohol) testing upon request within 60 days of being notified of the disposition of the employment application;
- l. Refusal to submit to required drug (and alcohol) testing and/or to provide signed permission for the release of past testing information as required by the district shall result in immediate termination from employment or transfer consideration.

3. Post-Accident Testing

The district shall conduct post-accident testing as follows:

- a. It is the responsibility of the employee to report for post-accident drug and alcohol testing as soon as practicable following a motor vehicle accident which occurs while the employee is performing district safety sensitive functions in which any person involved has been fatally injured or a citation for a moving traffic violation arising from the accident has been issued within 32 hours, to an employee:
 - (1) The employee will report to the designated collection site for post-accident drug and alcohol testing as soon as practicable following the occurrence of the accident;
 - (2) If alcohol testing has not been administered within two hours, the district will prepare and maintain on file a record stating the reasons the test was not promptly administered;
 - (3) If alcohol testing is not administered within eight hours, the district will cease attempts to administer an alcohol test and will prepare and maintain on file a record specifying why the test was not administered;
 - (4) If drug testing has not been administered within 32 hours following the accident, the district will cease attempts to administer such tests and will document why the test was not administered;
 - (5) The employee will contact the superintendent or designee as soon as practicable following the accident giving as much detailed information about the accident as possible (e.g., fatalities, injuries, tow-aways, traffic citation issued, etc.).
- b. The district will provide employees with necessary post-accident testing information, procedures and instructions as a part of its employee training program. Additionally, written instructions to follow in the event of an accident will be provided in district vehicles as appropriate. Instructions will include locations of drug specimen collection and alcohol testing sites and telephone numbers of district drug and alcohol misuse prevention program coordinator or other district officials to contact;
- c. The employee shall remain readily available for testing or may be deemed by the district to have refused to submit to testing. Such refusal is treated as if the district received an alcohol test result of 0.04 or greater or received a positive drug test. Nothing in this requirement shall be construed to require the delay of necessary medical attention for injured people following an accident or to prohibit an employee from leaving the scene of an accident or to obtain necessary emergency medical care;
- d. Results of a breath or blood test for the use of alcohol or a urine test for the use of drugs conducted by on-site federal, state and/or local law enforcement officials having independent authority for the test shall be considered to meet necessary requirements provided results of the test are obtained by the district and the test conform to all applicable federal, state and/or local requirements;

- e. An employee who is involved in an accident involving a fatality, injury and/or tow-away as described by OTETA is prohibited from using alcohol for eight hours after the accident or until the employee undergoes a postaccident alcohol test, whichever occurs first;
- f. Post-accident testing will be paid for by the district. Costs of a second test of the sample will be paid by the employee if the results are positive.

4. Random Testing

The district shall conduct random drug and alcohol testing annually as follows:

- a. Not less than 50 percent of the average number of employee drivers shall be tested for drugs and not less than 25 percent of the average number of employee drivers for alcohol. Any unfilled covered positions will be included as part of the total number of positions counted by the district for testing rate purposes;
- b. The testing rate may be adjusted by the Federal Motor Carrier Safety Administration (FMCSA) based on industrywide data;
- c. The testing process shall, in fact, be random. All employees will remain in the pool of drivers for each subsequent period, including vacations, holiday periods and summer recesses, whether or not they have been chosen for testing in the past;
- d. The selection of employees for random testing shall be made by a scientifically valid method. The process selected by the district will ensure that all employees shall have an equal chance of being tested each time selections are made. The district will use the following system:
 - (1) Manual system:
 - (a) Individual, identically sized slips of paper or cards with the names or identification numbers of the covered drivers will be used;
 - (b) Cards will be placed into a container from which the required number will be drawn;
 - (c) The individual selected by the district to do the drawing will be unbiased;
 - (d) All names in the pool will be checked prior to the drawing to assure any necessary additions or deletions are made.
- e. All such testing shall be unannounced and dates selected reasonably throughout the calendar year to avoid predictability and the perception that testing is “done for the year”;
- f. Following notification of testing, selected employees shall proceed to the district selected collection site immediately or as soon as practicable;
- g. Employees shall only be tested for alcohol just before the driver is scheduled to perform his/her safety-sensitive function, during or just after performing such function;
- h. Employees off work due to leaves, vacation and layoffs will be informed that they remain subject to random testing. Employees drawn for such testing will be notified and tested as soon as practicable upon return to duty;
- i. Random testing will be paid for by the district. Costs of a second test of the sample will be paid by the employee if the results are positive.

5. Reasonable Suspicion Testing

The district shall conduct reasonable suspicion drug and alcohol testing as follows:

- a. The district will test covered employees whenever there is reasonable suspicion to believe that the employee has engaged in drug use or alcohol misuse;
- b. Reasonable suspicion will be based on specific contemporaneous, articulable observations made by a trained supervisor as designated by the district, concerning appearance, behavior speech or body odors indicative of employee use of drugs or the misuse of alcohol. Observations of drug use may include indications of chronic and withdrawal effects of drugs and noticeable degradation of job performance that may be associated with the use of drugs;
- c. Hearsay or second hand information is not sufficient to require an employee to submit to testing;
- d. Alcohol testing may be authorized only if observations resulting in reasonable suspicion are made during, just preceding or just after the period of the work day that the employee is required to be in compliance with this policy, administrative regulations and the provisions of OTETA test and will prepare and maintain a record specifying why the test was not administered;
- e. A written record shall be made of the observations leading to a reasonable suspicion drug test and signed by the supervisor or administrator authorized to make such observations within 24 hours of the observed behavior or before the results of the drug test are released, whichever is earlier. Such documentation is not required for reasonable suspicion alcohol testing;
- f. The district will ensure that the employee under reasonable suspicion is transported to the designated collection or testing site;
- g. Reasonable suspicion testing will be paid for by the district. Costs of a second test of the sample will be paid by the employee if the results are positive.

6. Referrals, Evaluation and Treatment

The district shall provide information related to referrals, evaluation and treatment as follows:

- a. The district shall advise covered employees, who violate the drug and alcohol prohibitions, of referral services available for evaluating and resolving problems associated with the use of drugs and the misuse of alcohol. Such information will include the names, addresses and telephone numbers of substance abuse professionals (SAP's) and counseling and treatment programs;
- b. An employee who engages in such prohibited conduct shall be evaluated by a SAP;
- c. The SAP will determine what assistance, if any, the employee needs in resolving problems associated with drug use and alcohol misuse;
- d. This requirement applies only to current employees and not to job applicants who refuse testing or who test positive for drugs and/or alcohol;
- e. This requirement shall not be interpreted to require the district to provide or pay for any rehabilitation costs or to hold a job open for an employee with or without salary;
- f. Substance abuse professionals as referred to in these administrative regulations means:
 - (1) Licensed physicians with knowledge of and clinical experience in the diagnosis and treatment of alcohol-related disorders;

- (2) Licensed or certified psychologists, social workers or employee assistance professionals with like knowledge; and
- (3) Alcohol and drug abuse counselors certified by the National Association of Alcoholism and Drug Abuse Counselors (“NAADAC”). This does not include state-certified counselors.

7. Return to Duty Testing

Employees, if they continue employment and return to duty, shall comply with the following:

- a. Whenever an employee has previously tested greater than or equal to 0.04 for alcohol, the employee must test with an alcohol concentration of less than 0.02;
- b. Whenever an employee has previously tested positive for drug use, the employee must test with a verified negative test result;
- c. Return to duty testing will be paid for by the employee.

8. Follow-up Testing

Employees, if they continue employment, shall comply with the following:

- a. Follow-up testing will be conducted whenever a substance abuse professional (SAP) determines that an employee is in need of resolving problems associated with drug use and/or alcohol misuse;
- b. Follow-up alcohol testing will be conducted only when the employee is performing safety sensitive functions, just before or just after the driver has performed safety sensitive functions;
- c. Follow-up drug and alcohol testing will be unannounced;
- d. The number and frequency of such tests shall be determined by the substance abuse professional (SAP). Minimally, there shall be:
 - (1) At least six tests in the first 12 months following the driver’s return to duty;
 - (2) Testing shall not exceed 60 months from the date of the employee’s return to duty. The substance abuse professional (SAP), however, may terminate the follow-up testing at any time after the first six tests if he/she determines the testing is no longer needed.
- e. Follow up testing will be paid for by the employee.

9. Drug and Alcohol Testing Procedures

The district, in cooperation with contracted collection and testing facilities shall maintain drug and alcohol testing procedures as follows:

- a. Drugs
 - (1) The applicant or employee reports to the district designated collection site and provides positive identification (e.g., photo ID);
 - (2) A urine sample for drug testing is provided. A “split specimen” (two urine specimen bottle) is prepared from the urine sample;

- (3) Following completion of a chain of custody form, both specimen bottles are forwarded to the Department of Health and Human Services (DHHS) certified laboratory for analysis. The second specimen is stored at the laboratory for later testing as may be necessary. Initial testing is performed only on one specimen bottle;
- (4) Testing results are reported to the district-selected Medical Review Officer (MRO) by mail or electronic transmission. Results may not be given over the phone;
- (5) The MRO will verify both negative and positive testing results;
- (6) The MRO will report the verified negative testing results to the district;
- (7) The MRO will report verified positive testing results to the applicant or employee, discuss the type of illegal substance found and determine whether there is any valid medical reason for the positive testing results;
- (8) A verified valid medical reason for a positive testing result will be reported as a negative testing result to the district;
- (9) If no legitimate medical reason exists for positive testing, the MRO will report verified positive testing and identity to the substance(s) to the district;
- (10) The employee or applicant may request within 72 hours of a positive test notice that the second specimen sample be tested. Such re-testing costs will be paid for by the employee;
- (11) Unlike the original specimen analyzed for specific levels of controlled substances, the split specimen is analyzed only for the presence of drugs;
- (12) The MRO will report results of the re-testing to the employee and the district;
- (13) The MRO will meet all OTETA requirements including review of chain-of-custody control form, administrative processing of negative testing results, verification of positive testing results and maintenance of confidentiality requirements as may be applicable;
- (14) Detailed drug testing procedures may be obtained by contacting the district's drug and alcohol misuse prevention coordinator or designee.

b. Alcohol

- (1) The applicant or employee reports to the district designated testing site and provides positive identification;
- (2) Under the alcohol testing rule, a positive alcohol test result will be considered positive even if over-the-counter or legally prescribed medication is involved;
- (3) All testing will be conducted by a properly certified breath alcohol technician and using evidential breath testing devices;
- (4) Testing may be conducted at a certified laboratory or other location including mobile facilities equipped for such testing as may meet the requirements of the OTETA;
- (5) District supervisors should generally not be used as a breath alcohol technician for covered employees. Under certain circumstances, a properly trained district supervisor may conduct such testing in the absence of another breath alcohol technician;
- (6) The applicant or employee submits to breath testing;
- (7) If the result of the testing indicates an alcohol concentration rate of 0.02 or greater, a second confirmation breath testing is administered at least 15 minutes, but no longer than 30 minutes, after the initial testing. All confirmation tests will be conducted using evidential breath testing devices;

- (8) The breath alcohol technician will report any invalid tests in which the initial positive test and the confirmation test do not match, confirmed positive and negative results to the district;
- (9) Applicant or employee refusal to sign forms as required shall be considered as refusal to be tested;
- (10) The breath alcohol technician will meet all OTETA requirements including such testing procedures, Alcohol Testing form and confidentiality requirements as may be required;
- (11) Detailed alcohol testing procedures may be obtained by contacting the district's drug and alcohol misuse prevention program coordinator or designee.

10. Record Keeping/Record Reporting

The district shall maintain records of its drug and alcohol misuse prevention program as follows:

a. Records related to the collection process:

- (1) Documents relating to the random selection process;
- (2) Documents generated in connection with decisions to administer reasonable suspicion drug or alcohol testing;
- (3) Documents generated in connection with decisions on post-accident testing;
- (4) Documents verifying the existence of an explanation of the inability of an employee to provide adequate breath or to provide a urine specimen for testing;
- (5) An annual calendar year report summarizing results of the district's drug and alcohol misuse prevention program will be prepared and maintained when requested by FMCSA as part of an inspection, investigation, special study or for statistical purposes.

b. Records related to a driver's test results, including:

- (1) The district's copy of the alcohol test form, including the test results;
- (2) The district's copy of the controlled substance test chain-of-custody and control form;
- (3) Documents sent by the MRO to the district;
- (4) Documents related to the refusal of any employee to submit to a drug and/or alcohol testing;
- (5) Documents presented by a driver to dispute the results of a drug and/or alcohol test administered in connection with the requirements of the Omnibus Act.

c. Records related to evaluations as follows:

- (1) Records pertaining to a determination by a substance abuse professional (SAP) concerning his/her evaluation of a covered employee who tested positive for drugs, or failed an alcohol test or refuses to test;
- (2) Records concerning a driver's compliance with recommendations of the substance abuse professional.

- d. Records related to education and training as follows:
 - (1) Materials on drug use awareness and alcohol misuse including a copy of the district's policy and administrative regulations on drug use and alcohol misuse and related information;
 - (2) Driver's signed receipt of education materials;
 - (3) Documentation of training provided to supervisors for the purpose of qualifying the supervisors to make a determination concerning the need for drug and/or alcohol testing based on reasonable suspicion;
 - (4) Certification that any training conducted in compliance with the OTETA meets all pertinent requirements for such training.

- e. Records related to drug testing as follows:
 - (1) Agreements with collection site facilities, laboratories, Medical Review Officers (MRO) and consortia (includes breath alcohol technicians, screening test technicians and third party providers), as applicable;
 - (2) Names and positions of officials and their role in the district's drug and alcohol testing program(s);
 - (3) Semiannual laboratory statistical summaries of urinalysis as required by the OTETA and as reported by the laboratory. The district will document laboratory failures to provide statistical summaries and any district follow-up efforts to obtain such reports.

- f. Records will be retained by the district as follows:
 - (1) Five years:
 - (a) Records of employee alcohol testing results with results indicating an alcohol concentration of 0.02 or greater;
 - (b) Records of verified positive drug testing results;
 - (c) Documentation of refusals to take required drug and/or alcohol tests;
 - (d) Employee evaluation and referrals;
 - (e) A copy of each annual calendar year report summary.

 - (2) Two years:
 - (a) Records related to the drug and alcohol collection process (except calibration of evidential breath testing devices) and training.

 - (3) One year:
 - (a) Records of negative and cancelled drug testing results and alcohol test results with a concentration of less than 0.02.

(4) Indefinite Period:

Records related to the education and training of breath alcohol technicians, screening test technicians, supervisors and drivers shall be maintained by the district while the individual performs the functions which require training and for two years after ceasing to perform those functions.

g. Records will be maintained in a secure location with controlled access to ensure confidentiality requirements are met as follows:

- (1) Drug and alcohol misuse prevention program records will be maintained at the district office. Records relating to individual employee drug and/or alcohol testing, evaluation and treatment will be maintained separately from the employee's personnel file;
- (2) Employees are entitled upon written request to obtain copies;
- (3) The district may disclose information in connection with employee benefit proceedings, Department of Transportation agency action against an employee of National Transportation Safety Board safety investigations;
- (4) The district shall disclose such information to subsequent employers upon written request from the employee, in accordance with 49 C.F.R. § 382.413(a)(1))¹.

¹Information that must be disclosed to subsequent employers, upon receipt of proper authorization form/release signed by the employer's ex-driver: (a) Failed alcohol tests (breath alcohol content of 0.04 or greater); (b) Verified positive drug test; (c) Refusals to test.